

360-568-0934

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY	EVERY SATURDAY
8:45 ZUMBA	9:00 Woodcarvers	8:45 ZUMBA	9:00 Ping Pong	8:45 ZUMBA	
9:00 Poker	9:30 Tai Chi Beginners	9:00 Poker	10:00 Cribbage	9:00 Cribbage	
10:00 Enhance Fitness	10:00 Cribbage	9:00 Cribbage	12:00 Driftwood Sculpture Class	10:00 Enhance Fitness	
11:00 Enhance Fitness	10:30 Tai Chi Intermediate	9:30 Creative Crafters/Knit	1:00 Pinochle	11:00 Enhance Fitness	
12:30 Bridge	12:30 Duplicate Bridge	9:40 Massage	1:00 Computer 1-on-1	12:15 Mah Jong	
1:00 Scrabble	1:00 Computer 1-on-1	10:00 Enhance Fitness	5:30 ZUMBA	12:30 Bridge	Sunday
5:30 ZUMBA	1:00 Bingo (progressive jackpot)	11:00 Enhance Fitness	7:00 Dance Party Class	1:00 Game of Choice	1:00 Pinochle
5:45 Deck & 1/2 Pinochle	1:00 Pinochle	12:30 Canasta/Hand & Foot		3:30 Life Esteem Group	
		2:30 Conversational French			
		5:45 Deck & 1/2 Pinochle			
		5:45 Tai Chi Chih			
		7:30 Ping Pong			

all special & regular monthly activities are listed below

1 **8:30-10:30 Community Breakfast**

3	4 11:00 Christmas Brunch 3:30 Garden d-Lights Trip	5	6 11:30 Lunch - Merrill Gardens Monroe	7 10:00 Foot Clinic 10:00 Pamper Your Hands 1:15 Rejoicing Trip	8 _____ 9 _____
10 9:00 SHIBA Benefit Advisor	11 11:15 Lunch - GenCare Lifestyle Granite Falls 12:00 Membership Meeting	12 2:00 Notary	13 9:30 Casino Trip (Angel) 1:00 Legal Clinic 1:00 Gingerbread houses 2:30 Ice Cream Social 3:00 Warm Beach Trip 7:00p Alzheimer's Group	14	15 _____ 16 _____
17	18 12:00 Birthday Celebration	19 9:30 Casino Trip (Angel)	20 9:00 Board Meeting	21 11:45 Girl Scout Carolers	22 _____ 23 _____
24 No Zumba Classes No Enhanced Fitness <u>No Yoga</u> 31 New Years Eve Dance	25 CLOSED in observance of CHRISTMAS NO PROGRAMS - NO STAFF NO LUNCH	26	27 11:30 Lunch - Merry Haven Snohomish	28 9:30 Hearing Clinic 10:00 Foot Clinic	29 _____ 30 _____

PANTRY DONATIONS
If you have unopened items that could be donated or pick up an item to donate on your next trip to the grocery store. Every little bit helps!

- ◆ Pecans
- ◆ Walnuts
- ◆ Canned Vegetables
- ◆ Ranch Dressing

RESERVATIONS

RESERVATIONS
should be made in
advance

PLEASE CANCEL AT
LEAST 24 HOURS IN
ADVANCE!

TIME

Lunch is served
Mon, Wed, Thurs & Fri
11:30 am
&
Tuesdays

COST

Tuesday, Wednesday,
Thursday:

\$4.00 members
\$5.00 non-members

Monday & Friday:
(paperwork required
Monday/Friday lunches)

\$2.50 suggested voluntary
donation for 60+

3	Senior Services: Soup and Salad Bar
4	<i>Christmas Brunch see page 3. Sign up required</i>
5	Spaghetti & Meatballs, Garlic Bread & Dessert
6	Lunch provided by Merrill Gardens of Monroe
7	Senior Services: Tossed Salad, Lasagna, Capri Veggies, Applesauce
10	Senior Services: Soup and Salad Bar
11	Lunch provided by Gencare of Granite Falls
12	Chicken Dijon, Oven Roasted Potatoes, Corn & Cake
13	Tuna Melt, Waldorf Salad from Suzanne Ness & Luella Johnson pg 34 , Brownies
14	Senior Services: Roast Pork/ Sweet & Sour Red Cabbage, Stuffing, Green Peas, Gelatin
17	Senior Services: Soup and Salad Bar
18	Taco Bake, Salad & Dessert- Birthday Celebration
19	Pork Chops, Scalloped Potatoes, Green Beans, Dessert
20	Chicken Salad Sandwich, Chips, Sunshine Salad from Marietta Gray pg 39 , Cookies
21	Senior Services: Tossed Salad, Baked Ham, Sweet Potatoes, Veggies & Holiday Dessert
24	Lunch with the Director * sign-up required *
25	Christmas Day Center Closed
26	Meatloaf, Mashed Potatoes, Vegetables, Pie
27	Lunch provided by Merry Haven
28	Senior Services: Coleslaw, Chicken Skewers, with Peanut Sauce, Barely Rice, Asian Rice, Mandarin Oranges
31	Senior Services: Soup and Salad Bar

December 2012 Issue 63

Snohomish Senior Center

High On Life



Your Center Newsletter has the scoop!

The deadline for submissions is the 10th of each month. Calendars, menus and current information are always available at the Center or on the website at www.snohomishcenter.org

New Year's Eve Dinner & Dance

A family fun event for people of all ages (15 years old and up)
Couples & Singles are welcome

Monday Dec 31, 2012 * 6:00pm - 12:00am

Dinner & Dance \$16.00 * Dance Only \$10.00

Reservations required for dinner Dancers can pay in advance or at the door

Doors open at 6pm, Dinner 6pm-7pm, Mixer & Dance 7:30pm - 9:00pm, Champagne toast at 9pm (East Coast New Years), Quizzes & Games 9pm - 10pm, Dance 10pm to midnight when we ring in the new year west coast style.

Even if you're a novice at dancing or haven't "cut a rug" in ages, come out and join the fun with music with D.J. Tom Lafferty & Eleanor Leight.

Swing; Fox Trot; Macarena; Electric Slide; Waltz; Cha Cha Slide; Swing; Cupid Shuffle, Elvis, Beatles, Country, Glen Miller, Michael Buble and more!

Menu: Appetizers, green salad, lasagna, vegetables, fresh garlic bread twists, followed by your choice of cheesecake or chocolate cake for dessert.

ENDOWMENT FUND



Since our inception as the Snohomish Seniors, we have always set lofty goals; become our own group, find our own place in the pink house, create our own unique identity, design, build and pay for our own brand new building, become the first and only accredited senior center in the state, start our own retail business.

At the suggestion of our members, we set another goal, develop a special account to help finance the center. An endowment fund to create a revenue stream now and for the future. Details follow inside on page 11 as the board has taken this suggestion and created an exciting plan over the next two years, that every one of us can get behind. We hope you too will see the effect that many people can have together, where we can set and reach and exceed anything we set our minds too.

Our Mission is to promote the physical, emotional, intellectual and economic well being of older adults through a variety of activities, services and opportunities for participation, learning and socializing, both at the Center and elsewhere. The Center's Vision is to be an indispensable asset to seniors and the community.

First Accredited Senior Center in Washington State

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